

PORCHTALK



Sunday 18th October 2026

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
18 th October	Sung Parish Mass	9.30 am
<i>Luke the Evangelist</i>	First Communion preparation meeting, Parish Office	3.00 pm
	Evensong on Zoom	6.30 pm
Monday	Footsteps	9.30 am
19 th October	Organ Teaching	11.30 am
	CM&FG meeting	8.00 pm
Wednesday	Morning Prayer, Lady Chapel	8.45 am
21 st October	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
	Evening Prayer	4.15 pm
Thursday	Choir Practice	8.00 pm
22 nd October		
Friday	Coffee and Cards Morning, Main Hall	10.30 am
23 rd October		
Next Sunday	Holy Communion	8.00 am
25 th October	Sung Parish Mass	9.30 am
<i>Bible Sunday</i>	No Evensong	

Evensong readings this Sunday: Ecclesiasticus 38.1-14, Colossians 4.7-end

Mass reading next Sunday –Colossians 3.12-17, Nehemiah 8.1-4a, Matthew 24.30-35

Evensong readings Next Sunday:.. Ecclesiasticus 11,12, 2 Timothy 2.1-7

Saturday Pathsweepers: 31st October Skinner & Perchard **Coffee:** 25th October Beryl & Maureen

Please let Revd Susannah, Revd Fiona or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

NOTICES

Coffee, Cake and Cards – All are welcome to join us on Friday 23rd October in the Main Hall from 10.30am - 12.30, and on Sunday 25th after the 9.30 Mass, for coffee & tea and homemade cakes, with a selection of handmade Greeting Cards for sale, “A raffle with a difference” and friendly conversation. Held in aid of St Laurence Church Building Improvements.

Memorial service for Christine Matthews - this will take place in St Laurence at 12 noon on Friday 30th October. Refreshments will follow at Top Meadow Golf Club. It would be helpful to know how many from our congregation wish to attend - so please can you let Susannah know if you are intending to come and confirm whether you will go on to the refreshments. There are also some details and information about donating in Christine's memory available at <https://christinematthews2026.muchloved.com/>

The Communion Bread and Wine have been sponsored for October by Cheryl and David Goddard with thanks for the wedding of their daughter Helen to Garry.

All Souls' service - Sunday 1st November, 6.30pm: Our annual All Souls' service is an opportunity to remember before God those who have died, and to light candles in their memory. All are very welcome to attend. If you would like the name of someone who has died to be read during the prayers, please write it on the list at the back of church.

This year we are also offering the opportunity to sponsor a ceramic forget-me-not in memory of a person or people which will be displayed outside the church until Advent. Please contact the Parish Office should you wish to

Cruse Bereavement Support

arrange this. Sponsorship can be any amount and donations will go to the charity Cruse Bereavement Support. (Registered Charity No.

208078.)

Refreshments for All Souls' service - It would be very good if we could once again offer tea and coffee in church after the All Souls' service. Please speak to Susannah if you could assist with this.

Remembrance Sunday, 8th November - as usual, there will be an Act of Remembrance at the War Memorial beginning at 10.50am. We need people to hand out service sheets prior to this and act as stewards. Please contact

Susannah or one of the Churchwardens if you can assist.

Halls Manager - we are seeking a volunteer Halls Manager to provide general oversight/co-ordination of maintenance issues affecting the church halls. The role does not need to be onerous or take a lot of time, and could be modelled to fit individual circumstances. If you think this may be something that you could offer, please speak to Susannah.

INEQE Independent Safeguarding Audit - Safeguarding procedures in the Diocese of Chelmsford are due to be independently audited in February 2027. Ahead of this, INEQE would like people in church communities to engage with confidential surveys about their experience of safeguarding. The surveys are open until the end of November and can be found online at <https://ineqe.com/churchofengland/chelmsford/>
Please select the category of participant that best applies to you.

Diocesan Course in Christian Studies: Diocesan Course in Christian Studies: Registration is now open for the next intake of this course, beginning in January. Students study CCS on a two year part-time basis at centres across the Diocese. There will be at least one locally. The first year embraces Foundations in Theology and the second year Foundations in Ministry. The aim of the course is to provide an opportunity to study the Bible, Church traditions, Doctrine and different forms of church ministry. It is open to everyone - whether you are new to Christianity or a lifelong believer, and whether you are looking to explore vocation within or beyond the Church or would just like to do the course for interest. If you would like to know more, please speak to Susannah, or scan the QR code on the poster at the back of church.

Becket Keys Sixth Form Open Evening -Prospective students in Year 10 and 11 and their parents/carers are warmly invited to attend the Open Evening on Wednesday 11th November from 4.30-7.30pm. This is an opportunity to learn more about our high achieving Sixth Form, explore our wide range of courses, and discover how our distinctive Christian ethos supports students to flourish academically, personally and spiritually. Visitors will have the chance to meet staff and students, hear about enrichment and leadership opportunities, and learn about the excellent progression pathways available to our young people. Please book here: <https://www.eventbrite.co.uk/e/becket-keys-sixth-form-open-event-tickets-2001868098371>

Bread & Wine for Communion - If you would like to take up the bread & wine for Communion at the Offertory on a Sunday to mark a special occasion or in memory of someone or for any other reason, please speak with the Churchwardens who will be happy to diarise a particular Sunday with you.

AT THE MASS

18th October 2026

Luke the Evangelist

Introit

Saint Luke, beloved physician,
with honour now recall,
who served his Master's mission,
who ministered to Paul;
whose skill to distant ages
bequeathed a gift unpriced,
a gospel in whose pages
we see the face of Christ.

He tells for us the stories
of Jesus here on earth,
the unsung pains and glories
that marked the church's birth;
the Spirit's power in preaching,
the contrite sinner freed,
the grace and mercy reaching
our deepest human need.

For all who work our healing
we lift our hearts in prayer,
the love of God revealing
in science, skill and care:
his gifts be still imparted
to those who make us whole,
like Luke the tender-hearted,
physician of the soul.

Setting

Thorne

Collect of the Day

Almighty God, you called Luke the physician,
whose praise is in the gospel,
to be an evangelist and physician of the soul:
by the grace of the Spirit and through the wholesome medicine of the
gospel,
give your Church the same love and power to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Acts 16:6-12

They went through the region of Phrygia and Galatia, having been forbidden by the Holy Spirit to speak the word in Asia. When they had come opposite Mysia, they attempted to go into Bithynia, but the Spirit of Jesus did not allow them; so, passing by Mysia, they went down to Troas. During the night Paul had a vision: there stood a man of Macedonia pleading with him and saying, 'Come over to Macedonia and help us.' When he had seen the vision, we immediately tried to cross over to Macedonia, being convinced that God had called us to proclaim the good news to them.

We set sail from Troas and took a straight course to Samothrace, the following day to Neapolis, and from there to Philippi, which is a leading city of the district of Macedonia and a Roman colony. We remained in this city for some days.

Responsorial Psalm



(Alleluia)

How good it is to make music for our God,
how joyful to honour him with praise.

The Lord builds up Jerusalem
and gathers together the outcasts of Israel.

He heals the brokenhearted
And binds up all their wounds.

He counts the number of the stars
And calls them all by their names.
Great is our Lord and mighty in power;
His wisdom is beyond all telling.

The Lord lifts up the poor,
but casts down the wicked to the ground.
Sing to the Lord with thanksgiving;
make music to our God upon the lyre

2 Timothy 4.5-17

As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

As for me, I am already being poured out as a libation, and the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. From now on there is reserved for me the crown of righteousness, which the Lord, the righteous judge, will give to me on that day, and not only to me but also to all who have longed for his appearing. Do your best to come to me soon, for Demas, in love with this present world, has deserted me and gone to Thessalonica; Crescens has gone to Galatia, Titus to Dalmatia. Only Luke is with me. Get Mark and bring him with you, for he is useful in my ministry. I have sent Tychicus to Ephesus. When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. Alexander the coppersmith did me great harm; the Lord will pay him back for his deeds. You also must beware of him, for he strongly opposed our message.

At my first defence no one came to my support, but all deserted me. May it not be counted against them! But the Lord stood by me and gave me

strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth.

Alleluia

Plainsong

Luke 10.1-9

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, "Peace to this house!" And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you."

Offertory hymn **507** We have a gospel to proclaim

Anthem **Oh, the life of the world is a joy and a treasure.** Text
– K Galloway, Music – I Galloway

Communion hymn **522** We cannot measure how you heal

Final hymn **394** Tell out my soul

Organ Voluntary **Deo Gratias Anglia** - Whitlock

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Pam Chapman, Vicki Hobbs, Bill, Carole Billings, Denise Comer, Baby Charles, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens, Ann O'Riordan
Russel James Eammon.

Wednesday: Rosalind Manley, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson, Maria, Marie Tyler, Ellie Burbeary, Janet Goodman.

Additional Prayers: All those receiving Home Communion. Isabel and Edward preparing for their First Communion.

Recently departed: David Nelson

Anniversaries of the departed: Donald Baker (Priest), Dorothea Baker, Kevin Harris, Lilian Sharp, David Pike, Richard Hennessy, Margaret Turner, Sid Cardy, Barbara Mowat, Dora Collins, David Hall, Audrey Comer, Norman Ward, William Sharp, Betty Reeves, May Lawes, Bill Jordan, Florence Smith.

CHARITY OF THE MONTH THE TOYBOX CHARITY



Donation envelopes are available at the back of church.

The Toybox Charity, Challenge House, Sherwood Drive, Bletchley, Milton Keynes, MK3 6DP, UK. 01908 360050. Copyright

2026 The Toybox Charity. Registered in England and Wales as a charity no. 1084243 and a company limited by guarantee no: 03963000.

SAFEGUARDING

If you have a concern about your own welfare or that of someone else, please do contact our Parish Safeguarding Officer, Akosua Boachie (details on the back page of Porchtalk) or please feel free to speak to the clergy. If you think that there is an urgent risk, please contact the police.

DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This

means that your donation will be worth more to the church but at no extra cost to you. If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church. Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Chris and Nancy (Churchwardens), Susannah (Rector) or Verity (Parish Administrator).

Coffee, Cake, Cards and Chat

Fresh coffee & tea

Homemade cakes

Handmade greetings cards

'A Raffle with a Difference' - choose which prizes you would like to have a chance of winning!

Friendly conversation



FRIDAY 23RD OCTOBER
10.30AM-12 NOON



MAIN HALL, ST LAURENCE CHURCH

HELD IN AID OF



St Laurence Church
Building Improvements





Autumn brings some hearty and delicious produce. This time of year is a perfect time to buy local and cook seasonally. Many pumpkin lanterns are carved during this season, and it is estimated that over 13 million pumpkins were thrown away in 2024. An average of 18,000 tonnes of pumpkin waste goes to landfill each year in the UK alone. A quick search online can find some delicious pumpkin recipes. When you find one, please share.

CONTACTS

Rector The Revd Susannah Brasier
01708 220174 susannah.brasier@upminsterparish.co.uk

Assistant Curate Fiona Macaulay 07471 312686
fiona.macaulay@upminsterparish.co.uk,

Pastoral Assistant Deborah Masterson
01708 609816 deborah.masterson@upminsterparish.co.uk

Churchwardens Chris and Nancy Mowat parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie
07760 791032 safeguarding@upminsterparish.co.uk

Director of Music Nigel Lockwood
07899 876247 nigel.lockwood@upminsterparish.co.uk

Parish Office Verity Helby
01708 220696 parish.office@upminsterparish.co.uk
Open: Tue. 8.30-12.30pm, Wed. 9-11am (Staff Meeting), Thur. 8.00-12.30pm.

Hall Bookings Becky Perchard
07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**